



Behaviour Support Plan Quality Snapshot 2026

August 2026

Background

The NDIS Commission is committed to work with specialist behaviour support providers to achieve ongoing improvement in the quality of behaviour support plans (BSP) and in the reduction and elimination of restrictive practices.

The Behaviour Support Plan (BSP) Quality and Compliance Snapshot 2026 supports the NDIS Commission's [Strategic Roadmap 2025-27](#) to become a formidable human-rights focused regulator and to deliver a sustainable NDIS.

The [NDIS Quality and Safeguarding Framework](#) identifies periodic reviews of BSPs as one of six core strategies to reduce and eliminate restrictive practices through data informed practice.

In 2026, the NDIS Commission took a snapshot of behaviour support plan quality based on a random sample of comprehensive BSPs (n=129) lodged in the NDIS Commission portal in February 2026.

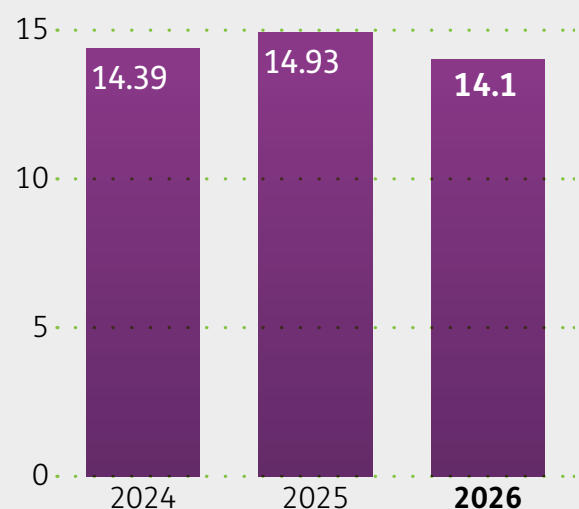
The BSP-QEII is an evidence-based tool that was used to assess quality. The NDIS Commission's Comprehensive BSP Checklist tool was used to assess compliance with legislated requirements.

Results

The mean score resulting from the BSP-QEII quality reviews was **14.1**. This score is above the minimum required to effect some change (i.e. 13) but does not embody best practice.

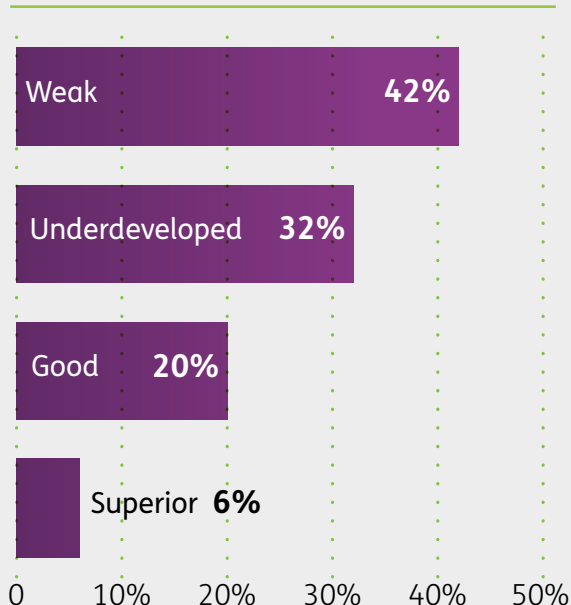
Comparatively over a three-year period, scores have remained static. In **2024** the result was **14.39** and in **2025** it was **14.93**.

BSP-QEII Score



Of the plans reviewed in **2026**, **42%** were considered 'weak', **32%** were considered 'underdeveloped', **20%** were considered 'good' and **6%** were considered 'superior'.

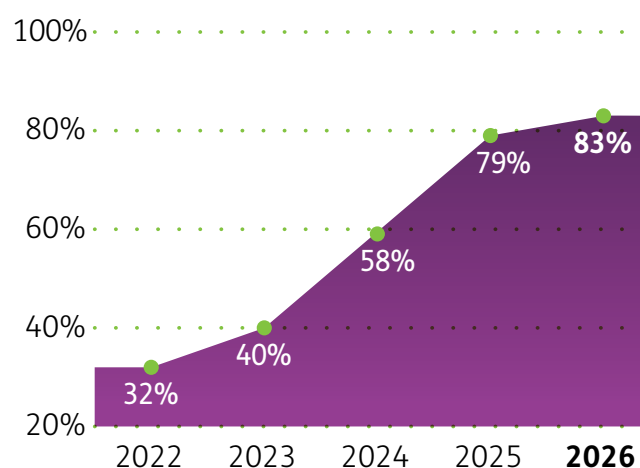
Quality of BSPs Reviewed



Consultation

Every NDIS participant has the right to accessible information and to be supported to make decisions and to have a say in matters that affect them. Improvements were recorded in the rate of consultation. In 2022, the rate of consultation with participants was only 32%. This has steadily & significantly increased.

Rate of consultation with participants



83% of BSPs included evidence of consultation with the participant



82% of BSPs included evidence of consultation with implementing providers, specialists and other mainstream services.



85% of BSPs included evidence the person's family, guardian and any other relevant people were consulted in the development of their BSP.

Commitment to the reduction and elimination of restrictive practices

The NDIS Commission has a mandate to provide leadership in behaviour support and in the reduction and elimination of restrictive practices. As a human rights regulator, the NDIS Commission considers it best practice to have a fade out strategy for all restrictive practices included in BSPs to ensure that every effort is made to uphold the rights of NDIS participants.

Including a fade-out strategy provides a practitioner with an opportunity to clearly articulate a staged process for restrictive practice reduction that links to achievable milestones for each plan cycle until the restrictive practice is no longer required. Comparative data demonstrates that there continues to be an incremental improvement in the number of plans that include a fade out section. In 2023 only 56% of plans included a fade-out strategy. Plans reviewed in 2026 showed it had increased to 79%.

Resources and Tools now available

The NDIS Commission has created resources to support the development of high quality BSPs. The BSP templates support good practice based on contemporary evidence - informed practice.

Specialist behaviour support providers are encouraged to visit the website and use the tools and resources available to help meet their legislated obligations.

- [Deciding with support](#)
- [Restrictive Practices and Me](#)
- [Policy Guidance on developing BSPs:](#)
- [Policy Guidance - Behaviour Support Assessment including Functional Behaviour Assessment](#)
- [Policy guidance: Monitoring and Reviewing Comprehensive Behaviour Support Plans](#)
- [Behaviour support assessment, including functional behaviour assessment: Practice guide](#)
- [Comprehensive BSP template](#)
- [Comprehensive BSP checklist](#)

Further resources are available on our website:

- [Behaviour support resources | NDIS Quality and Safeguards Commission](#)

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