



SIL Practice Standards: Reflective Questions for Participants

Supported Decision-Making

Outcome: Each participant is supported to understand and make genuine decisions for themselves.

Each participant is provided with accessible information, and decision making support, about:

- the supports and services delivered in their home; and
- the supports and services delivered to enable them to access their community.

Practice Governance

Outcome: Each participant is supported in their home by workers that have the necessary training, knowledge and skills to support them.

Each participant is supported by workers that have the knowledge of, and guidance to use, evidence informed practices that:

- are tailored to the participant’s needs; and
- enable the provision of safe and high quality supports.

Safeguarding

Outcome: Each participant is supported to live in a safe, respectful and supportive home environment.

Each participant is supported to have adequate safeguards in place to mitigate harm at home and when participants access their community.

Agreements about tenancy, housing and support arrangements

Outcome: Each participant who has a tenancy agreement with the provider is supported to understand how the terms and conditions of the tenancy agreement interact with their service agreement with the provider.

Each such participant is supported by effective tenancy management and is able to exercise choice and control and their tenancy rights.



Purpose of the reflective questions

The Supported Independent Living (SIL) Practice Standards are used to tell providers how to deliver safe and quality services in SIL homes. Participants can use the Practice Standards to understand what they can expect their SIL provider to do. The reflective questions are to help participants think about their experience of services in their SIL home. The reflective questions might also be used by supporters or providers to talk to participants.

Reflective questions

- Do I know who to talk to if I would like support to make my decisions?
- Do I get to choose what sorts of supports and services I'd like, and can I change my mind?
- Do I get information about my choices in a way I understand?
- Do I get the support I need to understand if my decision that could be risky?

- Do I understand how decision-supporters are involved in my decisions?
- Do I feel like my decision-supporters understand my interests, preferences and needs?
- Do decision-supporters help me understand my options in the way I prefer to communicate?
- Do I know what happens if there is an emergency?
- Do have I have someone I can trust to talk to if I feel unsafe in my home?
- Do have a say about who I live with?
- Do I understand what to do if I want to move houses?
- Does my personal space look and feel like my own?
- Do workers help when there are disagreements with housemates?



Reflective questions table

The reflective questions are related to multiple Practice Standards. The table below shows how the reflective questions are related to each Practice Standard.

Reflective Questions	Supported decision-making	Safeguarding	Practice governance	Agreements about tenancy, housing and support arrangements
Do I know who to talk to if I would like support to make my decisions?	✓	✓		✓
Do I get to choose what sorts of supports and services I'd like, and can I change my mind?	✓	✓	✓	✓
Do I get information about my choices in a way I understand?	✓			✓
Do I get the support I need to understand if my decision could be risky?	✓	✓		

Reflective Questions	Supported decision-making	Safeguarding	Practice governance	Agreements about tenancy, housing and support arrangements
Do I understand how decision-supporters are involved in my decisions?	✓			✓
Do I feel like my decision-supporters understand my interests, preferences and needs?	✓	✓	✓	
Do decision-supporters help me understand my options in the way I prefer to communicate?	✓	✓		✓
Do I know what happens if there is an emergency?			✓	
Do I have someone I can trust to talk to if I feel unsafe in my home?		✓	✓	✓

Reflective Questions	Supported decision-making	Safeguarding	Practice governance	Agreements about tenancy, housing and support arrangements
Do I have a say about who I live with?			✓	✓
Do I understand what to do if I want to move houses?	✓			✓
Does my personal space look and feel like my own?				✓
Do workers help when there are disagreements with housemates?			✓	✓

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