



NDIS Quality
and Safeguards
Commission

Questions about supported independent living (SIL)

Thinking about the SIL Practice Standards

Easy Read version



How to use this document



NDIS Quality
and Safeguards
Commission

We are the NDIS Quality and Safeguards Commission (NDIS Commission).

We wrote this document.



We wrote some words in **bold**.

We explain what these words mean.

There is also a list of these words on page [23](#).



You can ask someone you trust for support to:

- read this document
- find more information.



This is an Easy Read summary of another document.

It only includes the most important ideas.



You can find the other document on our website.

www.ndiscommission.gov.au/rules-and-standards/ndis-practice-standards/sil



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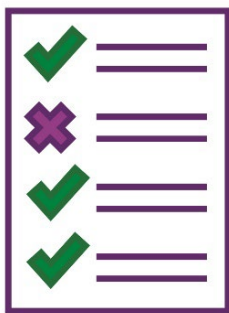
About this document



Supported independent living (SIL) is when people with disability live in their own home but get support to do daily tasks.



For example, cooking and cleaning.



We have a set of rules and guidelines about how SIL supports should work.

We call them the **SIL Practice Standards**.



The SIL Practice Standards tell **providers** and workers how to make sure their SIL supports:

- are safe
- work well for people with disability.



Providers support people with disability by managing and delivering a service.



Participants can use the SIL Practice Standards to know what to expect from their providers.



Participants are people with disability who take part in the NDIS.

SIL Practice Standards



There are 4 SIL Practice Standards.



We explain them below.

Supported decision-making



Supported decision-making is when someone supports you to make decisions about your life.

SIL providers should do what they can to support participants to:



- make their own decisions



- understand what choices they have.

Practice governance



Practice governance is the way a provider:

- manages their workers
- makes sure their workers have the right skills and training.



Providers should manage their workers well.

Participants should be able to trust that workers:



- know the best ways to support people



- can meet their needs.

Safeguarding



Safeguarding is a way to:

- keep people with disability safe
- find out when things go wrong
- help participants quickly.

Providers should check that participants live in a home where they:



- are safe
- feel respected
- have the support they need.

Providers should also check that participants have safeguarding to keep them safe:



- at home



- in the community.

Agreements about tenancy, housing and support arrangements



This standard is about understanding how a participant's services could affect their housing rights.

We also call it the **housing and support standard**.



Rights are rules about how everyone should be treated:

- fairly
- equally.

Providers should support participants to understand:



- their **service agreement** – an agreement with their provider about the supports they will get



- their **tenancy agreement** – an agreement with the owner of the home they live in.



Each state and territory can have their own rules about what is in a tenancy agreement.



Providers must also support participants to understand their housing rights.

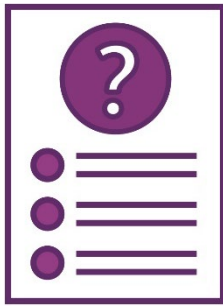


This includes making sure participants know that their service agreement and tenancy agreement are different things.



Providers should make sure the person who owns the home the participant lives in manages it well.

Questions for participants



We wrote some questions about the SIL Practice Standards.



Participants can use the questions to think about their experiences in a SIL home.

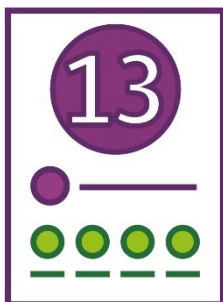


Other people can also use the questions to learn about a participant's experiences.



For example:

- people who support the participant
- providers.



There are 13 questions.

We have marked which SIL Practice Standards they relate to.

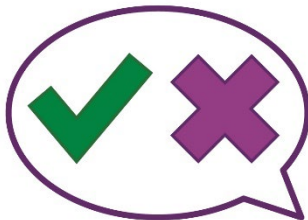


Question 1

Do I know who to talk to for support to make my decisions?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard

Question 2



Do I get to choose what types of supports and services I want?

Can I change my mind?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 3

Do I get information about my choices in a way I understand?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 4

Do I get the support I need to understand if my decision could be risky?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 5

Do I understand how people support me to make my own decisions?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard

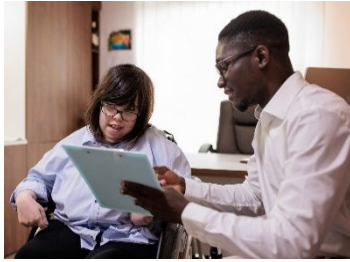
Question 6



Do I feel like the people who support me to make my own decision understand what I:

- like?
- want?
- need?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 7

Do people who support me to make my own decisions help me understand my options?

Do they do this in the way I like to communicate?

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 8

Do I know what happens if there is an **emergency**?

An emergency is a dangerous situation when people need help straight away to stay safe.

			
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 9

Do I have someone I can trust to talk to if I feel unsafe in my home?

Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 10

Do I have a say about who I live with?

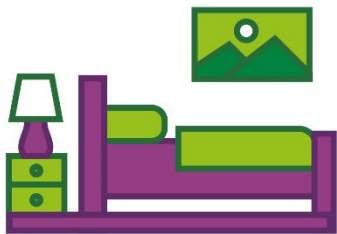
Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 11

Do I understand what to do if I want to move houses?

Supported decision-making	Safeguarding	Practice governance	Housing and support standard



Question 12

Does my personal space look and feel like my own?

Supported decision-making	Safeguarding	Practice governance	Housing and support standard

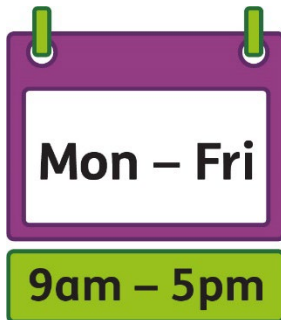


Question 13

Do workers help when housemates don't agree?

<p>Supported decision-making</p>	<p>Safeguarding</p>	<p>Practice governance</p>	<p>Housing and support standard</p>

Contact us



You can call us from 9 am to 5 pm,
Monday to Friday.

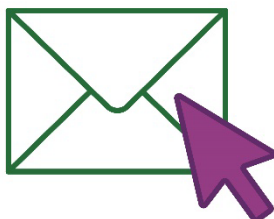


If you live in the Northern Territory,
you can call us from 9am to 4.30pm.



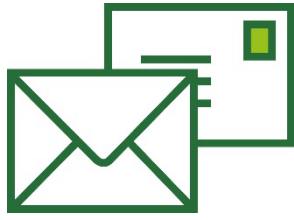
You can call us.

1800 035 544



You can send us an email.

contactcentre@ndiscommission.gov.au



You can write to us.

NDIS Quality and Safeguards Commission
PO Box 210
Penrith
NSW 2750



You can go to our website.

www.ndiscommission.gov.au



TTY

133 677

The National Relay Service

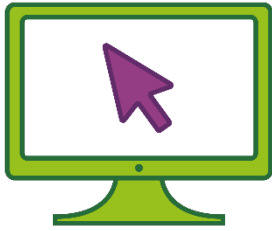


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You can follow us on Facebook.

www.facebook.com/NDISCommission

Word list

This list explains what the **bold** words in this document mean.



Emergency

An emergency is a dangerous situation when people need help straight away to stay safe.



Housing and support standard

The housing and support standard is about understanding how a participant's services could affect their housing rights.

This standard is also called agreements about tenancy, housing and support arrangements.



Participants

Participants are people with disability who take part in the NDIS.



Practice governance

Practice governance is the way a provider:

- manages their workers
- makes sure their workers have the right skills and training.



Providers

Providers support people with disability by managing and delivering a service.



Rights

Rights are rules about how everyone should be treated:

- fairly
- equally.



Safeguarding

Safeguarding is a way to:

- keep people with disability safe
- find out when things go wrong
- help participants quickly.



Service agreement

A service agreement is an agreement with their provider about the supports they will get.



SIL Practice Standards

We have a set of rules and guidelines about how SIL supports should work.



Supported decision-making

Supported decision-making is when someone supports you to make decisions about your life.



Supported independent living (SIL)

SIL is when people with disability live in their own home but get support to do daily tasks.



Tenancy agreement

A tenancy agreement is an agreement with the owner of the home they live in.



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