

#### Participant fact sheet 3

# Choosing a specialist behaviour support provider

This fact sheet explains how you can find a specialist behaviour support provider and choose the one that's right for you.

#### Step 1: Check your NDIS plan

- Your NDIS plan will say what funding for specialist behaviour support you have. Funding is money from the government that pays for supports and services.
- Look for 'Improved Relationships' under Capacity Building supports. This funding can be used to pay for a behaviour support plan and training of the people who support you.
- Talk to your <u>early childhood partner</u>, <u>local area coordinator</u> or NDIA planner if you do not have any
  funding under 'Improved Relationships'. If needed, they can help to request a plan review. You can
  also contact the National Disability Insurance Agency (NDIA) on 1800 800 110.

#### Step 2: Learn about the available options

There are rules about who can provide specialist behaviour support.

- These rules help to make sure the behaviour support provided is good and safe.
- All specialist behaviour support providers must be registered with the NDIS Quality and Safeguards Commission (NDIS Commission). This means they have been checked.
- Everyone must use a registered specialist behaviour support provider. You cannot use an unregistered provider; even if your funds are self-managed or plan-managed.

To look for registered specialist behaviour support providers in your area you can:

- contact your <u>early childhood partner</u>, <u>local area coordinator</u>, <u>support coordinator</u> or <u>recovery</u>
   coach if you have one
- look on the internet and read reviews
- talk to your family, friends or other people you trust
- use the NDIS Provider Finder
  - enter your postcode and select your suburb
  - choose behaviour support under the 'registration group'.

#### Step 3: Speak to different providers

You can ask:

- if they are registered to provide specialist behaviour support to NDIS participants
- what is involved and how they provide their services
- about their experience so you can both check if it is a good fit with your needs
- any other questions you may have.

## Step 4: Choose the specialist behaviour support provider who best meets your needs

Contact your chosen provider. They will develop a service agreement with you.

The service agreement should include:

- what supports will be provided to you
- the cost of the supports
- what you and the provider are responsible for
- how long the agreement goes for
- how it can be changed or ended
- what to do if there is a disagreement.

The provider will also ask for your written permission to talk to other people supporting you.

#### More information

- Using the NDIS provider finder | NDIS
- Registration requirements for the use of regulated restrictive practices
- Booklet 3 Using your NDIS Plan | NDIS

- Making a service agreement | NDIS
- Participant fact sheet 4: What to expect from your specialist behaviour support provider
- Participant fact sheet 5: What to do if you are not happy with your specialist behaviour support provider

### **General enquiries**

Call: 1800 035 544 (free call from landlines). You can call us Monday to Friday, except public holidays.

Our opening hours can change during daylight savings. Check our website for current opening **hours** and **other** ways to contact us: <a href="https://www.ndiscommission.gov.au/contact-us">https://www.ndiscommission.gov.au/contact-us</a>

Email: contactcentre@ndiscommission.gov.au

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