



## Policy Guidance: Developing Behaviour Support Plans

This document outlines the NDIS Commissioner's expectations of specialist behaviour support providers and NDIS behaviour support practitioners when developing behaviour support plans that contain regulated restrictive practices.

### Expectations

Specialist behaviour support providers should **review** and where necessary **revise** their current behaviour support plan templates, and other relevant policies and procedures to ensure their alignment with the following expectations. It is expected that specialist behaviour support providers and NDIS behaviour support practitioners:

1. Uphold the rights of people with disability and take all reasonable steps to reduce and eliminate the need for, and use of regulated restrictive practices.
2. Develop high quality, evidence-informed behaviour support plans that comply with all requirements as set out in [the Rules](#) and in any [state or territory authorisation requirements](#) (however described).
3. Develop behaviour support plans in consultation with people with disability and the people who support them.
4. Provide people with disability and their supporters with behaviour support plans and other information (e.g., in relation to the use of regulated restrictive practices) in appropriately accessible formats.
5. Support the effective implementation of behaviour support plans to meet the needs of the person with disability.
6. Measure, monitor and evaluate outcomes, including improvements in quality of life, behaviour change and steps to reduce and eliminate restrictive practice.
7. Provide responsive, timely and appropriate supports to meet the person's needs in a safe and competent manner, consistent with the [NDIS Code of Conduct](#) and the relevant [Practice Standards](#).
8. Have policies, procedures and processes to:
  - a. Ensure person-centred supports that uphold participant's human and legal rights, and enable them to exercise informed choice and control
  - b. Manage risk, safeguard participants and increase the quality of behaviour support provided
  - c. Build the capabilities of NDIS behaviour support practitioners
  - d. Implement quality management systems that promote a culture of continuous improvement.

---

## Resources

- [NEW Regulated Restrictive Practices Summary and Protocols](#) – this represents the revised regulated restrictive practice protocol component of a behaviour support plan. It replaces the existing protocols in the NDIS Commission’s behaviour support plan templates.
- [Interim and Comprehensive Behaviour Support Plan Checklists](#) – tools which outline good practice and the requirements when developing behaviour support plans.
- [Evidence Matters: Developing Quality Behaviour Support Plans](#) – a literature summary by University of Queensland and funded by the NDIS Commission.
- [Practices that present high risk of harm to NDIS participants: Position Statement](#) – outlines practices that present an unacceptable risk of harm to participants and must not be used by registered and unregistered NDIS providers.
- [Practice Guides around restrictive practices](#)
- [Evidence Matters: Organisation approaches to reducing restrictive practices](#)
- [Deciding With Support](#) – a supported decision making toolkit designed for behaviour support developed by Flinders University and funded by the NDIS Commission
- [Positive Behaviour Support Capability Framework](#) – outlines the knowledge and skills required to deliver contemporary, evidence-informed behaviour support and is used to consider a practitioner’s suitability.
- [NDIS Workforce Capability Framework](#) – describes the attitudes, skills and knowledge expected of all workers funded the NDIS and a range of practical examples and resources

## Legislative linkages

This document is in furtherance of the Commissioner’s functions as set out in sections 181E, F and H of the [NDIS Act 2013](#), and the requirements as outlined in the [NDIS Code of Conduct](#), [NDIS \(Provider Registration and Practice Standards\) Rules 2018](#) and part 3 of the [NDIS \(Restrictive Practices and Behaviour Support\) Rules 2018](#).