

#### Participant fact sheet 3

# Choosing a specialist behaviour support provider

This fact sheet explains how you can find a specialist behaviour support provider and choose the one that's right for you.

#### Step 1: Check your NDIS plan

- Your NDIS plan will say what funding for specialist behaviour support you have. Funding is money from the government that pays for supports and services.
- Look for 'Improved Relationships' under Capacity Building supports. This funding can be used to pay for a behaviour support plan and training of the people who support you.
- Talk to your <u>early childhood partner</u>, <u>local area coordinator</u> or NDIA planner if you do not have any funding under 'Improved Relationships'. If needed, they can help to request a plan review. You can also contact the National Disability Insurance Agency (NDIA) on 1800 800 110.

#### Step 2: Learn about the available options

There are rules about who can provide specialist behaviour support.

- These rules help to make sure the behaviour support provided is good and safe.
- All specialist behaviour support providers must be registered with the NDIS Quality and Safeguards Commission (NDIS Commission). This means they have been checked.
- Everyone must use a registered specialist behaviour support provider. You cannot use an unregistered provider; even if your funds are self-managed or plan-managed.

To look for registered specialist behaviour support providers in your area you can:

• contact your <u>early childhood partner</u>, <u>local area coordinator</u>, <u>support coordinator</u> or <u>recovery coach</u> if you have one

- · look on the internet and read reviews
- talk to your family, friends or other people you trust
- use the NDIS Provider Finder
  - enter your postcode and select your suburb
  - choose behaviour support under the 'registration group'.

#### Step 3: Speak to different providers

You can ask:

- if they are registered to provide specialist behaviour support to NDIS participants
- what is involved and how they provide their services
- about their experience so you can both check if it is a good fit with your needs
- any other questions you may have.

## Step 4: Choose the specialist behaviour support provider who best meets your needs

Contact your chosen provider. They will develop a service agreement with you.

The service agreement should include:

- what supports will be provided to you
- the cost of the supports
- what you and the provider are responsible for
- how long the agreement goes for
- how it can be changed or ended
- what to do if there is a disagreement.

The provider will also ask for your written permission to talk to other people supporting you.

#### More information

- Using the NDIS provider finder | NDIS
- Registration requirements for the use of regulated restrictive practices
- Booklet 3 Using your NDIS Plan | NDIS
- Making a service agreement | NDIS

- Participant fact sheet 4: What to expect from your specialist behaviour support provider
- Participant fact sheet 5: What to do if you are not happy with your specialist behaviour support provider

### **General enquiries**

**Call: 1800 035 544** (free call from landlines). Our contact centre is open 9.00am to 5.00pm (9.00am to 4.30pm in the NT) Monday to Friday, excluding public holidays.

Email: <a href="mailto:contactcentre@ndiscommission.gov.au">contactcentre@ndiscommission.gov.au</a>

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