# Residential aged care providers: Behaviour support and restrictive practice requirements

The arrangements outlined in this flow chart apply to residential aged care providers who transitioned to the NDIS Commission from 1 December 2020.

Are you using a regulated restrictive practice on an NDIS participant?

Is there a current behaviour support plan and authorisation (if required) in place?

Yes

No

The NDIS (Restrictive Practices and Behaviour Support) Rules 2018 do not apply.

Yes

No

* Within five (5) days of every use: report use as a reportable incident through the NDIS Commission Portal.
* Take all reasonable steps to facilitate the development of an interim behaviour support plan for the person with disability by a specialist behaviour support provider that covers the use of the practice within 1 month after the first use of the regulated restrictive practice.
* Take all reasonable steps to facilitate the development of a comprehensive behaviour support plan for the person with disability by a specialist behaviour support provider that covers the use of the practice within 6 months after the first use of the regulated restrictive practice.
* Obtain and lodge evidence of authorisation for the restrictive practice (where required),
* Report monthly on the use of the practice once the new behaviour support plan is lodged with the NDIS Commission.

The National Disability Insurance Scheme (Restrictive Practices and Behaviour Support) Rules 2018 outlines definitions of regulated restrictive practices.

The NDIS Commission also has a [regulated restrictive practices guide](https://www.ndiscommission.gov.au/document/2386) published on our website.

Report monthly on the use of the practice in the NDIS Commission.

Further information about the requirements is available at [www.ndiscommission.gov.au/resources/fact-sheets#then-now](http://www.ndiscommission.gov.au/resources/fact-sheets#then-now)